

1400 W Millbrook Rd. Raleigh, NC, 271612 (919) 420-2329

## **Teen Winter/Spring Programs**

#### Art - Sertoma PreTeen/Teen Improve your Drawing

Age 10 yrs. - 15Y. Beginning and advanced students alike will benefit from this class. Drawing techniques will be introduced according to the skill level of the student. Graphite, charcoal and conte will be explored. See how rewarding drawing can be! 10 weeks Instructor, Anna Sanderson. Class Fee: \$84

#116549 Jan 26-Mar 29 Th 4:00 pm - 6:00 pm

#### Pottery - Sertoma Handbuilding for Youth & Teens

Age 9 yrs. - 15Y. Students work with real clay and learn various methods of constructing pottery, such as pinch, coil ,and slab to form their own unique creations. Pieces will be glazed during the last class and student can pick up finished work after course is completed. Instructor, Mira Casile. Class Fee: \$52

#116520 Feb 23-Mar 15 Th 4:15 pm - 5:30 pm #116521 Mar 29-Apr 19 Th 4:15 pm - 5:30 pm

#### **Pottery - Sertoma Wheel Throwing for Teens**

Age 13 yrs. - 16Y. Teens learn the basics of throwing pots on the potters wheel. Class time includes throwing demonstrations followed by practice time on the wheel. Students work at their own level so teens with previous throwing experience are welcomed. Class ends with glazing all pots for firing, which can be picked up by the students after class has ended. This class does not qualify participants for a Studio Card. 6 sessions. Mira Casile instructs. Class Fee: \$80

#116522 Jan 12-Feb 16 Th 6:00 pm - 8:00 pm #116523 Mar 8-Apr 12 Th 6:00 pm - 8:00 pm

#### **Art - Sertoma Finding Your Inner Artist**

Age 10 yrs. - 14Y. This class will encourage a positive environment for kids to learn basic drawing & painting techniques, as well as allow for freedom and space to go outside the box with their own unique creative perceptions. There will be creative still life placements used as props for drawings and paintings. \*Students may bring a special item to contribute to the still life, if desired. Ms. Julee (Thomsen) Instructs. Class Fee: \$54

#117521 Jan 24-Feb 28 Tu 4:00 pm - 6:00 pm

#### Art - Sertoma Marbleizing Paper

Age 9 yrs. - 16Y. This class will demonstrate the technique of marblizing paper. In addition to learning the process, students will experience color mixing and exploring shapes and movement within this technique. Finished papers may then be used to create greeting cards, collage and more! Mz. Julee (Thomsen), Instructs. Class Fee: \$54

#117522 Mar 20-Apr 24 Tu 4:00 pm - 6:00 pm

#### Literary Arts - Sertoma Young Writers Workshop

Age 5 yrs. - 17Y. Young writers, K - 12, will develop a story, poem or writing of their choice, for publication in a group anthology and for a public reading in this six-week seminar facilitated by local published authors of the Sertoma Writers Group. Students will have the option to buy copies of the workshop anthology. Cost will depend on the number of pages, but an approximation is \$10.00/copy. Class Fee: \$40

#116869 Jan 28-Mar 3 Sa 10:30 am -11:30 am

#### Art - Sertoma Advance Kids Cartooning

Age 10 yrs. - 15Y. Students will move past drawing single takes of characters to writing and drawing comics in sequences of panels. You will explore techniques such as quill pens and brushes, inks and watercolors. Prerequisite: Cartooning I or permission. Instructor, Richard Cloudt. Class Fee: \$60

#116880 Jan 25-Feb 29 W 4:00 pm - 5:30 pm

#### Performing Arts - Sertoma Acting for the Stage

Age 8 yrs. - 16Y. Students will build acting skills through theatre games, improvisations, monologues, and scenes. A short performance for both classes will conclude each session. Cathy Minjkives teaches drama and technical theatre for Wake County Schools. Class Fee: \$54

#116544 Jan 28-Mar 10 Sa 10:00 am -11:15 am #116545 Mar 24-Apr 28 Sa 10:00 am -11:15 am



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#### **Performing Arts - Sertoma Musical Theatre Revue**

Age 8 yrs. - 16Y. This is a four-day workshop of musical theatre performance. Participants will build skills in acting, singing, and dancing using numbers from Broadway and movie musicals. Instructor Cathy Minjkives teaches dance, drama, and musical theatre for Wake County Schools. Participants will present a musical revue on the last day of the workshop at 3:30. Class Fee: \$70

#116543 Apr 2-5 M-Th 1:00 pm - 4:30 pm

#### Performing Arts - Sertoma Raleigh Children's Orchestra

Age 6 yrs. - 13Y. The Raleigh Children's Orchestra is a multilevel string orchestra for students in grades 1-7, who have played for 6 months or more. The orchestra provides a rare opportunity for young players to rehearse and perform in an orchestra setting. Each semester begins anew with the learning of new pieces of music, culminating in a free public concert for friends and family. Students provide their own instruments, music stand, and 3 ring binder. Students who wish to join RCO for the second half of the semester may do so on March 1st (Winter/Spring Term Only) Director: Ilse Mann. Concerts: Fall Nov 17. Class Fee: \$144

#116805 Jan 5-Apr 26 Th 4:45 am - 5:50 am #116806 Jan 5-Apr 26 Th 5:50 pm - 7:00 pm #116807 Feb 23 Th 7:00 pm - 9:00 pm #116808 Mar 1-Apr 26 Th 4:45 pm - 5:50 pm #116809 Mar 1-Apr 26 Th 5:50 pm - 7:00 pm #116810 Apr 29 Su 2:00 pm - 4:00 pm

#### Dance - Sertoma Ballroom I

Age 16 yrs. and up. Students are instructed in at least 4 of the following dances during each series: Foxtrot, Swing, Waltz, Cha Cha, Rumba, Tango, Hustle, Samba, Mambo, and Merengue. Instruction in each dance includes the basics, the techniques, and styling for both beginning and some advanced dance patterns. Couples only please, each person from each couple must register separately. Instructors, Liz Sorrell and Mike Metcalf Class skips Oct 11. Class Fee: \$80

#116550 Jan 24-Mar 27 Tu 7:15 pm - 8:30 pm

#### Dance - Sertoma Ballroom II

Age 16 yrs. and up. Students should be proficient in the majority of the dances covered in Ballroom I and ready to progress to more difficult routines. In addition, students may be introduced to more advanced dances such as Advanced Foxtrot and Quick Step. Both proper techniques and more advanced styling are stressed. Prerequisite: At least three (3) Ballroom I dance series or the equivalent. Couples only please. Each person from each couple must register separately. Instructors, Liz Sorrell and Mike Metcalf Class skips Oct 11th. Class Fee: \$80

#116551 Jan 24-Mar 27 Tu 8:15 pm - 9:30 pm

#### **Drawing - Sertoma Oil Pastels Fast and Fabulous Workshop**

Age 16 yrs. and up. Oil pastels are crayons for the artist. Students are introduced to a simple resist technique using oil pastel and ink. Using professional grade materials, you will learn wonderfully creative applications. If you can color between the lines, you can create art in oil pastel. Join us for this fun workshop. Bring \$10 payable to instructor for materials. Bring a lunch or snack and an old shirt/smock Instructor, Jamie Miller www.artinspirations.com. Class Fee: \$40

#117155 Apr 14 Sa 10:30 am - 2:30 pm

#### **Drawing - Sertoma Basic Techniques**

Age 16 yrs. and up. This class is for beginners and those who need a refresher. Explore contour, proportion, perspective, form, and value. It is recommended to take a drawing course before any painting course. This will provide a great foundation. Students should receive supply list upon registration. Call Sertoma at 420-2329 if you do not receive your list. Instructor, Cindy Mounce. Class Fee: \$84

#116803 Jan 25-Feb 29 W 9:30 am -12:00 pm



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#### **Drawing - Sertoma Basic Techniques Continued**

Age 16 yrs. and up. Students will approach a different subject each week with emphasis on good composition and new drawing techniques. Completion of a beginning drawing class required for registration. Students should receive supply list upon registration. Call Sertoma at 420-2329 if you do not receive your list. Instructor Cindy Mounce. Class Fee: \$84 #116804 Mar 21-Apr 25 W 9:30 am -12:00 pm

#### **Drawing - Sertoma Breaking Down Drawing**

Age 16 yrs. and up. Breaking Down Drawing Observation & Mechanics Most drawings that fail do so in the beginning stages due to limited observation of the subject, poor planning and limited drawing mechanics - usually because the artist tries to render surface detail and small structure before adequately treating primary considerations like overall placement and composition, proportion and balance, and larger shape and structure. This workshop focuses on first things first. Using comparative measurement to aid observation students will learn how to scope out their work before committing errors with the pencil, and how to break out of relying on only finger and hand mechanics in drawing to use the whole range of arm drawing mechanics. Richard Cloudt, instructs Check confirmation for supplies or call Sertoma at 919-420-2329. Class Fee: \$84

#117196 Jan 25-Feb 29 W 6:00 pm - 8:30 pm

#### **Drawing - Sertoma Portrait Workshop**

Age 16 yrs. and up. Learn to draw portraits using pencils to create colored or black and white artwork from JoAnne Morrisseau, educated in fine arts in Europe and Washington, DC. Using a live model, JoAnne will demonstrate drawing a portrait beautifully and quickly. She will discuss the typical proportions of the face and figure and how variations from those proportions define the individual portrait. She will show how to use various colorsto render skin tones and how to complete a portrait in a short time. Whatever your level of experience, you will learn techniques from this trained artist. Bring your own materials to draw along with JoAnne, or simply come to observe and learn. Class Fee: \$48

#116704 Mar 24 Sa 10:30 am - 1:30 pm

#### **Drawing - Sertoma Troubleshooting Linear Perspective**

Age 16 yrs. and up. A much needed workshop for the beginning student as well as the practiced artist who still has difficulty rendering objects and scenes in three dimensions. Starting with one point perspective we will address the problems encountered in tackling linear perspective - all the way up to the use of three vanishing points. We will also learn how to include people in a three dimensional scene. Richard Cloudt, instructs. The supplies will should print out on your confirmation sheet if they do not call 919-420-2329 and we will email them to you. Class Fee:\$48

#117190 Mar 10 Sa 10:30 am - 1:30 pm

#### **Drawing/Painting- Sertoma Open Model Studio**

Age 16 yrs. and up. Model Study is a non-instructional studio geared towards artists who want to work with live models It enables artists working in wet or dry media the opportunity to complete a figurative work. Participants are required to bring their own supplies. This class is monitored by Sertoma approved staff. It is timed allowing for model breaks. UPDATE: 4 week classes are cancelled we only offer 1 day workshops now, each class is \$10 for residents and non-residents. We only take 15 people per date. Pre-registration is advised but drop-in is available space pending call 919-420-2329 for information. All models are fully clothed. Class Fee: \$10

#117041 Jan 22 Su 1:30 pm - 4:30 pm #117042 Feb 5 Su 1:30 pm - 4:30 pm #117043 Jan 29 Su 1:30 pm - 4:30 pm #117044 Feb 12 Su 1:30 pm - 4:30 pm #117045 Feb 19 Su 1:30 pm - 4:30 pm #117046 Feb 26 Su 1:30 pm - 4:30 pm #117047 Mar 18 Su 1:30 pm - 4:30 pm #117048 Mar 25 Su 1:30 pm - 4:30 pm #117050 Apr 15 Su 1:30 pm - 4:30 pm #117051 Apr 22 Su 1:30 pm - 4:30 pm #117052 Apr 29 Su 1:30 pm - 4:30 pm



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Teen Winter/Spring Programs

#### **Jewelry - Sertoma Button Rings and Bracelets**

Age 13 yrs. and up.Simple, cute rings and bracelets can be made from buttons. They make great gifts for your friends too. Raid Mom's button stash, or go find cute flower or colorful buttons. Students must be comfortable using a needle and thread. For examples, go to www.artnspirations.com. Jamie Miller instructs. Supply information will print out on your confirmation sheet if it does not contact 919-420-2329 and we will email it to you. Class Fee: \$25

#117154 Mar 25 Su 1:30 pm - 3:30 pm

#### Jewelry - Sertoma Make your own earrings

Age 14 yrs. and up. Design and make your own earrings using sterling silver and semi-precious stones. Students will complete at least 2 sets of earrings. \$15 supply fee due to instructor. Additional Supply information should print off on your confirmation if it does not please call 919-420-2329 and we will email it to you. Marla Ainspan Instructs. Class Fee: \$25

#117053 Mar 12 M 7:00 pm - 8:30 pm

#### **Jewelry - Sertoma Simple Spiral Bracelet**

Age 16 yrs. and up. Using a simple, straight-forward method of right angle weave, we will create a lovely bracelet that looks like a spiral rope. Quick to make with many variations possible. Examples can be seen at www.artnspirations.com. Jamie Miller instructs. If you do not receive your supply list call 919-420-2329 and we will email it to you. Class Fee: \$40

#117062 Feb 19 Su 1:30 pm - 4:30 pm

#### **Knitting Arts - Sertoma Knitting for Beginners**

Age 13 yrs. and up. Learn the basics of how to knit. You'll learn how to cast on, bind off, knit and purl while creating a useful dishcloth, and then you'll progress on to make a beautiful scarf. Perfect for new knitters or as a refresher course! \$10 supply fee due to instructor. Kathryn Goodman, Instructs If supply list does not print on confirmation please call 919-420-2329 and we will email/send it to you. Class Fee: \$60

#116920 Jan 25-Feb 15 W 7:00 pm - 9:00 pm

#### Knitting Arts - Sertoma Knitting II-Building on the Basics

Age 12 yrs. and up. Have you just learned to knit and want to know more? Now that you've learned the basics of knitting, explore advanced techniques such as increases and decreases, knitting in the round and simple cables. You'll select a pattern to work on in class to practice the techniques, and your finished project will showcase your new skills! Supply should print on confirmation page if not call 919-420-2329 to receive information. Kathryn Goodman, instructs. Class Fee: \$60

#116929 Feb 29-Mar 21 W 7:00 pm - 9:00 pm

#### **Mat Cutting - Sertoma Mat Cutting Basics**

Age 16 yrs. and up. This class is for those wishing to learn basic mat design & cutting. This class will qualify you to use the center's C&H professional mat cutter, paper cutter and shrink wrapping equipment. In addition image mounting preparatory to framing and shrink wrapping will be covered. The student will design and cut a single mat during the class. Instruction will also be provided for designing and cutting of double mats. Glen Wells instructs. Student must bring a photo or artwork to mat in class (no larger than 11'x14') and their own mat board and foam core large enough to mat their art at least once. Class Fee: \$28

#116692 Apr 24 Tu 6:00 pm - 9:00 pm #116693 Mar 15 Th 6:00 pm - 9:00 pm #116694 Feb 15 W 1:00 pm - 4:00 pm #116695 Jan 17 Tu 6:00 pm - 9:00 pm #116696 Feb 18 Sa 11:00 am - 2:00 pm

#### Painting - Sertoma Aqueous Acrylic

Age 16 yrs. and up. In this one day workshop students will learn and practice painting with acrylic in an aqueous manner (similar to watercolor). This technique allows for students to start with an under-painting in one color thus establishing the composition and values. Many layers are painted on top adding depth and richness to the painting. Students will receive a supply list upon registration. Instructed by Kate Lagaly. Class Fee: \$48

#116907 Feb 10 F 9:15 am -12:45 pm



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No Winter/Spring Programs

# **Teen Winter/Spring Programs**

#### **Painting - Sertoma Beginning Acrylics**

Age 15 yrs. and up. This basic class offers students a gentle introduction to acrylic painting or a reintroduction to basic concepts, with a focus on getting started. Students will work from life using simple still-life arrangements, from their own photos, or their imagination. Students will learn about materials, color mixing, shape, and perspective. Informal lessons, paint-along demonstrations will assist as you learn at your own pace. Supply list will be provided. Instructor: Larry Dean Students should receive supply list upon registration. Call Sertoma at 420-2329 if you do not receive your list. Class Fee: \$84

#116319 Jan 24-Feb 28 Tu 1:00 pm - 3:30 pm

#### **Painting - Sertoma Beginning Painting**

Age 16 yrs. and up. This beginning class offers students a gentle introduction to painting or a reintroduction to basic concepts, with a focus on getting started. Students will work from life using simple still-life arrangements, from their own photos, or imagination. Students will learn about materials, color mixing, shape, and perspective. Informal lessons, paint-along demonstrations will assist as you learn at your own pace. Students may work in acrylics, or traditional oil paints. Instructor: Larry Dean Class Fee \$84

#116320 Jan 24-Feb 28 Tu 6:30 pm - 9:00 pm #116321 Mar 19-Apr 30 M 6:30 pm - 9:00 pm

#### **Painting - Sertoma Continuing Acrylics**

Age 16 yrs. and up. Students have usually taken a beginning class. Students will work on projects of their own choice. They may also bring works in progress. Instructions will include more about color mixing, shape, and perspective. Informal advice will assist as you learn at your own pace. Subjects covered range from selecting a subject to varnishing the finished work. Supply list will be provided. Instructor: Larry Dean Students should receive supply list upon registration. Call Sertoma at 420-2329 if you do not receive your list. Class Fee: \$84

#116322 Mar 20-May 1 Tu 1:00 pm - 3:30 pm

#### **Painting - Sertoma Continuing Painting**

Age 16 yrs. and up. Students have usually taken a beginning class. Students will work on projects of their own choice. They may also bring works in progress. Instructions will include more about color mixing, shape, and perspective. Informal advice, paint-along demonstrations will assist as you learn at your own pace. Subjects covered go from selecting a subject to varnishing the finished work. Students may work in acrylics, or oil paints. Instructor: Larry Dean. Class Fee: \$84

#116323 Mar 20-May 1 Tu 6:30 pm - 9:00 pm

#### **Painting - Sertoma Continuing Watercolors**

Age 16 yrs. and up. Continue reinforcing the basics of watercolor as additional watercolor techniques are learned and practiced. This class is for watercolorists who are ready to step beyond beginning watercolor as well as those who want to strengthen and add to their painting skills. Students will receive a supply list upon registration. Instructed by Kate Lagaly. Class Fee: \$84

#116901 Jan 25-Feb 29 W 1:00 pm - 3:30 pm #116902 Mar 21-Apr 25 W 1:00 pm - 3:30 pm

#### Painting - Sertoma Fast and Fun Painting Workshop

Age 16 yrs. and up. A fun way to chase the winter blues! Looking for a way to explore your artistic side? Try these upbeat, entertaining and creative workshops. Come learn the basics of acrylic painting while enjoying the company of new friends. Each class is a 3-hour workshop for those who have never painted, or haven't touched a brush in years. Pay a small supply fee and bring a snack to share with the group and you will walk out with a completed work of art! In the January class everyone will paint a North Carolina mountain scene. The February class will paint a lovely farm scene. Contact the center to see exactly what we will be painting in these simple step-by-step classes. Supply fee covers all supplies. Instructor: Larry Dean. Class Fee: \$40

#116546 Jan 14 Sa 11:00 am - 2:00 pm #116547 Feb 11 Sa 11:00 am - 2:00 pm

#### Painting - Sertoma Watercolor on Watercolor Grounds Workshop

Age 16 yrs. and up. In this one day workshop students will learn and practice painting watercolor on Masonite prepped with Watercolor Ground and Absorbent Ground. Working on watercolor grounds opens up exciting new surfaces that can be painted on with watercolor. Supply list should print on confirmation page if it does not contact 919-420-2329 and we will email it to you. Instructed by Kate Lagaly. Class Fee: \$48

#119363 Feb 24 F 9:15 am -12:45 pm



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Teen Winter/Spring Programs

#### **Painting - Sertoma Painting without Fear**

Age 16 yrs. and up. This beginning painting course will give students basic techniques and familiarity with the materials for painting with acrylics. Loosen up and let the paint do the talking, creating paintings from photographs that have the freshness of plein air. Larry will demonstrate how to exaggerate the color in a photograph and to apply a bright underpainting in acrylic. We will explore subjects using photography as a useful tool. Emphasis will be on color mixing, perspective, color choices, editing and composition. Step-by-step projects will lead to surprising results in an atmosphere of fun and discovery. Students should come to class with a selection of photos. Lots of individual attention will be provided. Supply list will be provided. Fall session No class November 25 Instructor: Larry Dean. Class Fee: \$84

#116324 Jan 23-Feb 27 M 6:30 pm - 9:00 pm

#### Painting - Sertoma Watercolor on Yupo paper Workshop

Age 16 yrs. and up. In this one day workshop students will learn and practice two techniques for painting watercolor on Yupo paper. Yupo is a wonderful and unusual surface allowing for much expression and experimentation for watercolorists. Supply list should print on confirmation sheet if it does not call 919-420-2329 and we will email it to you. Instructed by Kate Lagaly. Class Fee: \$48

#119365 Mar 30 F 9:15 am -12:45 pm

#### **Painting - Sertoma Watercolors for Beginners**

Age 16 yrs. and up. This course is designed for the beginning watercolor artist. Learn about brushes, paint, papers, and how to apply rich and bold colors using a minimum of strokes. You will learn wet on wet techniques along with positive and negative shapes. Watercolors are fun and this course will teach you the tricks to take the fear out of watercolors. If you do not receive your supply list please call 919-420-2329 and we will email it to you. Class Fee: \$84

#116811 Jan 23-Feb 27 M 10:00 am -12:30 pm #116812 Mar 19-Apr 23 M 10:00 am -12:30 pm #116900 Jan 25-Feb 29 W 6:00 pm - 8:30 pm

#### Painting - Sertoma WOW them with Watercolors

Ages 16 and up. This course is designed for the artist who has had previous experience using watercolors. Each week the instructor will introduce and demonstrate a different technique in watercolor. Students will then work on their own using either the material from the teacher or using a resource of their own. Emphasis will be on each student learning to develop their own style of watercolor painting. Techniques will be taught on how to correct mistakes and working quickly using bold and rich colors. If you did not receive your supply list contact 919-420-2329 and we will email it to you. Janie Johnson, instructs. Class Fee: \$84

#116813 Jan 23-Feb 27 M 1:00 pm - 3:30 pm #116814 Mar 19-Apr 23 M 1:00 pm - 3:30 pm

#### Photography - Sertoma Basic Digital Photography

Age 16 yrs. and up. This course is ideal for anyone who owns a digital camera (DSLR or Point & Shoot) or is interested in buying or upgrading one. Students will be able to download images to a computer, email images, achieve correct exposures, avoid redeye, understand color space and white balance, and maintain their cameras and lenses, and more. You will understand the basics of Scenic modes, Program mode, Aperture Priority, Shutter Priority, Depth of Field, ISO & more. This course is mainly a hands-on class, so bring your DSLR or Point & Shoot, its manual, batteries and memory cards to every class. A \$15 supply fee is due to instructor. Instructor, Theodore Salamone. Class Fee: \$70

#116883 Jan 23-Feb 6 M 6:30 pm - 9:30 pm

#### **Photography - Sertoma Beginning Composition**

Age 16 yrs. and up. Have you mastered exposure and other technical aspects of photography, but still struggle with your creative 'eye' or vision? Well this basic class will teach you how to properly compose photos to tell a better story. You will learn all the basics, including simplicity, framing, mergers, lines (diagonal, converging), the Rule of Thirds, patterns, repetition and Dutch angles. Sample images will be displayed for review and critiquing to help you visualize 'good' composition from 'bad' or none. This is a hands-on class with practice sessions so bring your camera, its manual, fresh batteries, and blank memory cards. \$15 fee for Class Materials Disc of study materials and software, payable directly to the instructor. Ted Salamone, instructs. \$55

#116886 Feb 16-23 Th 6:30 pm - 9:30 pm



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#### **Photography - Sertoma Beginning Posing**

Age 16 yrs. and up. Do you have trouble placing people for photos, or would you like to learn how the pros do it so quickly? By taking this class you will learn the basics of how to properly pose individuals, couples and small groups. Go from snapshots with too much headroom and no feet to wonderful portraits with grace, drama and attitude. You will learn how to pose for formal and casual settings. We will also cover 'C' curves, 'S' curves and geometrics. For DSLR and point-and-shoot cameras. This is a hands-on class so bring your camera, its manual, empty memory cards and plenty of fresh batteries. Optional: bring your external flash, its manual and fresh batteries. \$15 fee for Class Materials Disc of study materials and software, payable directly to the instructor. Ted Salamone instructs. Class Fee: \$55

#116885 Jan 26-Feb 2 Th 6:30 pm - 9:30 pm

#### **Photography - Sertoma Intermediate Digital Photo**

Age 16 yrs. and up. This course is for anyone who has taken an intro digital photo course or has a basic understanding of aperture, shutter, and ISO settings. Once completed, you will fully understand how & when to use aperture priority, shutter priority or manual modes, understand in-camera metering, be able to interpret histograms, perform custom white balances, the legal rights of photographers, use exposure bracketing, & have basic knowledge of camera raw imagery. A materials fee of \$15 is due to Instructor for a CD with valuable advanced photography software and extra tips that will enhance your image taking after the class. Also comprised of lectures and Q&A sessions, this is mainly a hands-on class, so bring your DSLR or advanced Point & Shoot (one with Aperture, Shutter and Manual modes), its manual, flash, extra fresh batteries and several memory cards to every class. Ted Salamone, Instructs. Class Fee: \$70

#116884 Mar 19-Apr 2 M 6:30 pm - 9:30 pm

#### Photography - Sertoma Macro Digital Photo for Under \$20

Age 16 yrs. and up. Don't be fooled by the Tulip Macro icon on your lens or camera - it does not let you take real macro images! However, by enrolling in the course, you will learn how to take real macro photos (life size or larger) for less than \$20. That's right, you do NOT need to buy an expensive macro lens. Students will learn how to use their EXISTING lenses, turning them into real macro tools. This course is a combination of hands-on experience, lecture and interactive image critique. Class materials fee of \$15 is directly payable to the instructor. Bring your camera, lenses, camera manual, spare fresh batteries and spare empty memory cards. Ted Salamone, Instructs. Class Fee: \$55

#116887 Feb 13-20 M 6:30 pm - 9:30 pm

#### Photography - Sertoma Mastering Digital Point & Shoot Camera

Age 16 yrs. and up. This course is designed for Point & Shoot owners who want to make use of all their camera's features! We will review menus, functions (image size and quality, etc., creative icon modes and use of P, A, Tv, S, and Tv modes. Not all items are on all cameras, however you will learn what all the buttons and knobs do on your particular camera. This course is a combination of hands-on experience, lecture and interactive image critique. Class materials fee of \$15 is directly payable to the instructor. Bring your camera, lenses, camera manual, spare fresh batteries and spare empty memory cards. Ted Salamone instructs. Class Fee: \$55

#116889 Mar 22-29 Th 6:30 pm - 9:30 pm

#### **Photography - Sertoma One Light Portrait Lighting**

Age 16 yrs. and up. Regardless of your experience level, you will earn how to use a single external flash and DSLR to creatively light portraits. We will explore on-camera and off-camera lighting plus the use of reflectors, diffusers and Go Bos. Use of alternative lighting will also be demonstrated. This course is a combination of hands-on experience, lecture and interactive image critique. Class materials fee of \$15 is directly payable to the instructor. Bring your camera, lenses, camera manual, spare fresh batteries and spare empty memory cards. Ted Salamone instructs. Class Fee: \$55

#116888 Apr 16-23 M 6:30 pm - 9:30 pm

#### **Photography - Sertoma Outdoor Nature Photography**

Age 13 yrs. and up. Do you love nature and outdoor creatures? Then this is class for you! Learn how to compose images in an outdoor setting at Shelley Lake and Park. This class will help you with your camera while learning to photograph the Great Outdoors and it inhabitants. Students will learn tricks of the trade at the Sertoma Arts Center before heading outside to shoot. This class is for all levels. Students must bring their own camera, any kind will work! Sol Levine instructs. Class Fee: \$98

#116705 Mar 6-27 Tu 6:30 pm - 8:30 pm



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Teen Winter/Spring Programs

#### **Photography - Sertoma Quick Exposure Techniques**

Age 16 yrs. and up. Regardless of your experience level or type of camera (DSLR or Point & Shoot), you will learn how to quickly achieve the proper exposure for your pictures in a wide variety of light - day or night - indoors or outside. This course is a combination of hands-on experience, lecture and interactive image critique. Class materials fee of \$15 is directly payable to the instructor. Bring your camera, lenses, camera manual, spare fresh batteries and spare empty memory cards. Ted Salamone, instructs. Class Fee: \$55

#116890 Apr 19-26 Th 6:30 pm - 9:30 pm

#### **Pottery - Sertoma Contemporary Majolica Techniques**

Age 16 yrs. and up. This class is the next step after Introduction to Majolica. Techniques include glazing with traditional and altered majolica glazes and mixing color stains to obtain a usable & more varied palette. Decorating techniques covered include layered colors, on-surface dry and wet color blending and sgraffito. Formulas for mixing your own majolica glazes and colors will also be provided and discussed. Students must have red earthenware pieces bisque fired, waxed and ready to glaze before first class session. Prerequisite: Introduction to Majolica at Sertoma. Students pay glaze and color fee of \$15 at the first class. Randy Hinson instructs. Class Fee: \$65

#116539 Mar 26-Apr 23 M 9:30 am -12:30 pm

#### Pottery - Sertoma Exploring the Raku Process

Age 16 yrs. and up. For potters who have little or no experience in raku firing techniques. Workshop will include discussion of forms and construction techniques, glaze application and full discussion of the firing process as well as historical origins and kiln designs. Students will make pots for a raku firing to be scheduled at a later date (determined by class). Bring notebook and pottery tools. Prerequisite: Current qualified studio potter from Sertoma or Pullen Arts. All levels of throwing or handbuilding are welcome. Randy Hinson instructs. Class Fee: \$48

#116540 Jan 28 Sa 10:00 am - 2:30 pm

#### Pottery - Sertoma Handbuilding: Advanced

Age 16 yrs. and up. Through a combination of demonstrations and individual work time, students will further develop their hand-building skills while making distinctive pieces including planters, unique boxes and tile. The variety of construction techniques used will include soft slabs, stiff slabs, and coils. Students will learn to add flair and professionalism to their pieces by adding finishing touches such as feet and handles. This class will also help individuals develop and express their own unique style through clay! Prerequisite: Beginning Handbuilding class at Sertoma or Pullen Arts or comparable experience. Students who are new to Sertoma must attend the first class which covers safety and studio orientation as well as the glazing class (approx 5th class) in order to qualify for a studio card. This is a 7 week class. Class Fee: \$95

#116536 Jan 9-Feb 20 M 7:00 pm - 9:15 pm #116537 Jan 11-Feb 22 W 9:30 am -11:45 am

#### Pottery - Sertoma Handbuilding: Beginning

Age 16 yrs. and up. This class explores techniques including pinching, coils and slabs, including an overview of ceramic materials and glazing. Classes provide demonstrations and individual work time with instructor guidance. Students are encouraged to practice between class sessions and will have free access to Sertoma's well-equipped studio. New students may not miss more than 2 classes and must attend the first class and the glazing class (approx. 5th week), in order to qualify for a studio card. Students will purchase materials at first class (approx. \$42). All skill levels welcome! This is a 7 week class. Class fee: \$95

#116529 Mar 19-Apr 30 M 7:00 pm - 9:15 pm #116530 Jan 18-Feb 29 W 7:00 pm - 9:15 pm #116531 Mar 21-May 2 W 9:30 am -11:45 am

### Pottery - Sertoma Improving Throwing Skill & Finishing Tips

Age 16 yrs. and up. Gary Fuquay and Randy Hinson will teach you how to throw better pots by getting rid of bad throwing habits and incorporating helpful 'tricks of the trade'. This demonstration workshop includes proper use of tools, throwing many different forms, assembling, trimming, finishing techniques & glazing hints. Studio set up and safety are also included. Open to all levels of potters, however this workshop does not qualify new potters to purchase a studio card to use the Sertoma clay studio. Students should bring notebook, snacks and 2-3 of their own pots to share in group discussions. Class Fee: \$96

#116541 Feb 11-12 Sa-Su 10:00 am - 4:00 pm



1400 W Millbrook Rd.
Raleigh, NC, 271612 (919) 420-2329

# **Teen Winter/Spring Programs**

#### Pottery - Sertoma Introduction to Majolica

Age 16 yrs. and up. Developed in the Middle East during the 9th century, made famous by Italian artisans, majolica is earthenware pottery with a white opaque glaze decorated with ceramic colorants brushed on top of the raw, unfired glaze. The glaze is formulated to be viscous which restricts the flow & movement of the glaze retaining most of the line quality of the decoration. This class will examine the historical aspects, designs of majolica & explore the process using commercial glazes & majolica colors making the techniques easy for all levels of potters. Formulas for mixing your own majolica glazes/colors will be provided & discussed. If you like bright colors & painting designs on pottery, this class is for you. Prereq: Beginner Handbuilding/Throwing class at Sertoma/Pullen or equivalent experience. New students to Sertoma must attend a brief studio safety/orientation session at 9:00 on the first class date. Students pay glaze & color fee of \$45 at the first class. Randy Hinson, instructs skips 9/26.Class Fee: \$65

#116538 Feb 6-Mar 5 M 9:30 am -11:45 am

#### Pottery - Sertoma Jason Burnett: Ceramic Surface Workshop

Age 16 yrs. and up. Jason Bige Burnett: 'Slip, Slide and Stick' a Ceramic Surface Workshop The first day includes demonstrations on beginning screenprinting and what all is needed to set-up and begin printing and a brief demonstration on how Jason uses photoshop to alter images and drawings and print out stencils. We'll finish the day with students screenprinting pre-exposed screens for patterns they'll use the next day. The second day consists of slip and newsprint application and decoration demos and hands-on participation. We'll finish with decal demonstrations and students will leave with a whole lot of information and inspiration. All student work will be done on tiles for you to keep. Open to potters of all levels. This workshop does not qualify new students to purchase a studio card at Sertoma. Materials included. Class Fee: \$150

#118596 Apr 14-15 Sa-Su 10:00 am - 4:30 pm

#### **Pottery - Sertoma Wheel Throwing Continuing**

Age 16 yrs. and up. This class is designed for those who have taken beginner wheel and need further refinement in basic throwing skills in order to progress to more challenging levels. It also serves as a 'refresher' course for students who have previously taken throwing classes and have not thrown for some time. Class includes studio and safety orientation which is necessary to qualify students for a studio card. Experienced potters who are new to Sertoma are welcome. This is a 7 week class. Class Fee: \$95

#116527 Jan 10-Feb 21 Tu 7:00 pm - 9:15 pm #116528 Mar 14-Apr 25 W 9:30 am -11:45 pm

#### Pottery - Sertoma Wheel Throwing: Beginner

Age 16 yrs. and up. This course introduces students to the basics of 'throwing' pottery, provides them with an understanding of ceramic terms, processes, and knowledge needed to use the pottery studio safely and independently. Topics include centering clay, throwing basic forms, handles, andglazing. Sessions include demonstrations and practice time under the guidance of the instructor. Students are encouraged to practice between class sessions and have free access to Sertoma's well-equipped studio. New students may miss no more than 2 classes and must attend the first class and the glazing class (approx. 6th week), in order to qualify for a studio card. Purchase materials at first class (approx. \$40). This is a 7 week class. Class Fee: \$95

#116524 Jan 11-Feb 22 W 9:30 am -11:45 am #116525 Jan 11-Feb 22 W 7:00 pm - 9:15 pm #116526 Mar 13-Apr 24 Tu 7:00 pm - 9:15 pm

#### **Sewing Arts - Sertoma Learn to Sew**

Age 13 yrs. and up. Learn sewing basics and then go to the market and show off your handmade bag! Learn machine basics, fabric selection, sewing terminology, and how to use basic sewing and cutting tools. If you've never used a sewing machine or if you simply need a refresher, this class will build your sewing confidence! You will need to bring your own machine. Kathryn Goodman, Instructs If supply list does not print on confirmation please call 919-420-2329 and we will email/send it to you. Class Fee: \$45

#116934 Jan 26-Feb 9 Th 7:00 pm - 9:00 pm



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# **Teen Winter/Spring Programs**

#### Sewing Arts - Sertoma Sewing from a Pattern

Age 13 yrs. and up. Learn to make a simple skirt or a pair of cozy pajama pants from a commercial pattern and build sewing skills to last a lifetime. You'll learn pattern and fabric selection and how to layout, cut, and follow pattern directions. We will also cover basic garment sewing techniques such as zippers, seam finishes, and hems. Some machine sewing knowledge or the completion of a beginning sewing class is required. Students must bring their own machine. Kathryn Goodman, instructs If supply list does not print on confirmation please call 919-420-2329 and we will email/send it to you. Class Fee: \$60

#116935 Mar 1-22 Th 7:00 pm - 9:00 pm

#### Woodworking - Sertoma The Art of Woodcarving

Age 16 yrs. and up. Students will be given hands on instructions in all projects, which include: Whittling a Whirli-gig, carving an animal, a Spoon, Chip carving, a Relief picture, and a special project to show your artistic abilities. Safety, Tool Sharpening, best carving woods, and where to purchase materials will be covered. Students: Please bring a black (only) Xacto Knife to class. Experienced carvers bring your carving knives Students will pay the Instructor a total of five dollars for the Animal blank, the wood for all projects, and patterns used in class. Instructor, Fred Zinn \$5 supply fee due to instructor on first class. Class Fee: \$56.

#117520 Mar 19-Apr 23 M 10:30 am -12:30 pm

#### Exercise - Sertoma Kripalu Yoga Beginning

Age 16 yrs. and up. Yoga is an ancient art that combines postures for the body, breathing for relaxation, and meditation for the mind. Kripalu Yoga is a gentle yoga that encourages students to discover their own degree of flexibility rather than push past their limits. Before undertaking any exercise program one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. Instructor, Susan Kilmon. Class Fee: \$48

#116123 Jan 23-Feb 27 M 6:00 pm - 7:00 pm #116124 Jan 23-Feb 27 M 7:00 pm - 8:00 pm #116125 Jan 24-Feb 28 Tu 12:00 pm - 1:00 pm #116126 Mar 19-Apr 30 M 6:00 pm - 7:00 pm #116127 Mar 19-Apr 30 M 7:00 pm - 8:00 pm #116128 Mar 20-May 1 Tu 12:00 pm - 1:00 pm

#### **Exercise - Sertoma Kripalu Yoga Continuing**

Age 16 yrs. and up. This course is a continuation of Kripalu Yoga beginning class. Student's should have taken the beginning class or have yoga experience. Before undertaking any exercise program one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. Instructor, Susan Kilmon Class Fee: \$48

#116133 Jan 25-Feb 29 W 7:00 pm - 8:00 pm #116134 Jan 26-Mar 1 Th 12:00 pm - 1:00 pm #116135 Mar 21-May 2 W 7:00 pm - 8:00 pm #116136 Mar 22-May 3 Th 12:00 pm - 1:00 pm

#### **Exercise - Sertoma Meditation**

Age 16 yrs. and up. Practice the art of inner listening and discover how insight and meditation can help you feel truly alive and connected with the treasure of each moment brings. Bring a firm pillow and either a mat or blanket to each class. Susan Kilmon instructs. Class Fee: \$48

#116131 Jan 25-Feb 29 W 6:00 pm - 7:00 pm #116132 Mar 21-May 2 W 6:00 pm - 7:00 pm #117060 Jan 23-Feb 27 M 8:00 pm - 9:00 pm #117061 Mar 19-Apr 30 M 8:00 pm - 9:00 pm

#### **Exercise - Sertoma Tai Chi for Beginners**

Age 10 yrs. and up. Tai Chi is a slow and continuous motion that is combined with a focus on physical balance and mental concentration. It is a moving meditation that relaxes body and mind. Many medical professionals endorse Tai Chi as therapeutic for various health conditions. The class will introduce basic skills of body alignment, balance, coordination, and breath control. Through the exercise of weight transfer and core rotation, students will enhance internal energy and build physical strength. Instructor: Dr. Xiaoqin Wu Turner. Class Fee: \$48

#116826 Jan 25-Feb 29 W 5:00 pm - 6:00 pm #116899 Mar 21-Apr 25 W 5:00 pm - 6:00 pm



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# **Teen Winter/Spring Programs**

#### **Exercise - Sertoma Nia**

Age 13 yrs. and up. Nia explores the body, mind, emotion, and spirit connection in a non-impact practice that combines martial arts, dance, and healing arts. It delivers a safe, effective cardiovascular workout with total body conditioning adaptable to all fitness levels. Before undertaking any exercise program one should consult a physician. To learn more visit www.trianglenia.com. Instructors, Julie Ihrig, Laura Ghantous, Darlene Downing, Class skips: Fall 10/11, 11/25-26, 11/17 & 24. Class Fee: \$56

#116627 Jan 10-Feb 21 Tu 9:30 am -10:30 am #116628 Mar 6-Apr 24 Tu 9:30 am -10:30 am #116629 Jan 13-Feb 24 F 9:30 am -10:30 am #116630 Mar 9-Apr 27 F 9:30 am -10:30 am #116631 Jan 14-Mar 3 Sa 10:00 am -11:00 am #116632 Mar 17-May 5 Sa 10:00 am -11:00 am #116633 Jan 19-Mar 8 Th 7:15 pm - 8:15 pm #116634 Mar 22-May 10 Th 7:15 pm - 8:15 pm

#### Exercise - Sertoma The 52 moves of the Nia Technique

Age 12 yrs. and up. Nia is a fun and expressive body-mind-spirit fitness program that combines elements of the martial arts, the dance arts and the healing arts. The 52 Moves are the basic moves of the Nia Technique and are designed to provide a whole-body conditioning practice that is safe, pleasurable and adaptable for all fitness levels. This workshop is designed to provide you with the opportunity to learn, move and energize the fundamental movements of Nia. No Nia experience necessary. Class Fee: \$25

#116625 Mar 3 Sa 12:30 pm - 3:00 pm

#### **Exercise - Sertoma Yoga for Overall Health and Wellness**

Age 16 yrs. and up. A class for every Body, at any level, to discover the benefits of yoga poses: come stretch; find balance, greater strength, and overall well-being. Known for helping with increasing energy levels and stress relief, take a yoga respite from your daily grind and make some time for your Self. This class will focus on where you are in Your body with gentle and healing postures. Bring a yoga mat or blanket. Nancy Williams, instructs. Class Fee: \$48

#117054 Jan 23-Feb 27 M 12:00 pm - 1:00 pm #117055 Mar 19-Apr 30 M 12:00 pm - 1:00 pm

#### Exercise - Sertoma Zumba

Age 12 yrs. and up. Zumba is all about partying your way to fitness! ALL fitness levels enjoy this perfect blend of dance and exercise. You will have so much fun that you won't even realize that you're burning up to 1000 calories per class! We'll explore Salsa, Samba, Cumbia, African Dance, belly dance, and more -- in a fun and easy to follow format. All songs are devoted to toning our bodies while we are dancing. Some classes my vary in price due to a 5 week or 6 week class. Call 420-2329 if you need more information Evening and Sunday Instructor, Diana Call -Spanish and English Bilingual instruction available, Lunch time Zumba instructor Roxanna Cherry Winter/Spring youth Zumbatonic and Zumba are at the same time from 4-5pm on Sundays...Great opportunity for everyone to take a different class at the same time! Class Fee: \$48

#116870 Jan 24-Feb 28 Tu 6:00 pm - 7:00 pm #116871 Jan 29-Mar 4 Su 4:00 pm - 5:00 pm #116872 Mar 20-May 1 Tu 6:00 pm - 7:00 pm #116873 Mar 18-Apr 29 Su 4:00 pm - 5:00 pm #116874 Mar 23-May 4 F 12:00 pm - 1:00 pm #116877 Jan 27-Mar 2 F 12:00 pm - 1:00 pm

#### Exercise - Sertoma Ageless Grace®

Age 16 yrs. and up. Ageless Grace® Timeless Fitness For Body & Mind The Ageless Grace® program- 21 Tools for Lifelong Comfort and Ease- is a fitness and wellness program designed for all ages and abilities that can be done by almost anyone, regardless of most physical limitations. The movement sequences focus on the healthy longevity of the body, mind, emotions and spirit. All of the exercises are designed to be practiced in a chair, and they consist of movements that are natural and organic-there's no need to learn any special choreography. Each of the 21 Tools focuses on different anti-aging techniques, e.g., joint mobility, spinal flexibility, right-left brain coordination, cognitive function, systemic stimulation, balance, confidence and playfulness. The easy-to-learn Tools of Ageless Grace® promote the 3 R's of lifelong comfort and ease- the ability to respond, recover and react efficiently and safely. Julie Ihrig, Instructs. Class Fee: \$35

#117039 Jan 13-Feb 24 F 11:00 am -11:45 am #117040 Mar 9-Apr 27 F 11:00 am -11:45 am



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Teen Winter/Spring Programs

#### **Music - Sertoma Group Guitar for Beginners**

Age 10 yrs. and up. Students will learn the basics of hand positioning, how to read music notation/tablature, as well as chord diagrams and riffs. Learn in a fun environment and jam with new friends! Student must bring their own acoustic or electric guitar. Scott Niebauer instructs. Class Fee: \$60

#116936 Jan 23-Feb 27 M 6:30 pm - 7:30 pm

#### **Music - Sertoma Advance Group Guitar**

Age 10 yrs. and up. Advanced Guitar class picks up where beginning class leaves off, assuming mastery of all previous chord shapes, techniques, etc. Barre chords will be mastered at the end of advanced guitar class, along with scales to get you up and down the neck. Also covering more advanced chord shapes, scales, and some improvisation. Students will also have the opportunity to learn popular songs of their choice as facilitated by instructor. Student must bring their own acoustic and/or electric guitar and amp. Scott Niebauer instructs. Class Fee: \$60

#116938 Mar 19-Apr 23 M 6:30 pm - 7:30 pm

#### Special Event - Paint Your heART Out!

All Ages. Help us help you! Sertoma is hosting the 3nd annual Paint your heART out valentines inspired arts and scholarship support programs. Each person will get the opportunity to create an original valentines inspired masterpiece on canvas using paint and other materials onsite. Each art piece will then be displayed in the Arts center as February's gallery exhibit. Participants can pick up their artwork after the exhibit ends. Pick up dates will be announced the day of the event. This is a great opportunity to support the arts and scholarship programs while spending time with your loved ones! Pre-registration a plus! Day of registration available. Minimum Donation: \$6.00 per person For donations above the minimum please call Sertoma at 919-420-2329, include a note on your registration or bring it in person the day of the event. Class Fee: \$6

#116881 Feb 4 Sa 10:30 am - 2:00 pm #116882 Feb 4 Sa 10:30 am - 2:00 pm